

Hormone Therapy Options for Contraception and Menopause

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Test Questions

1. Which hormone contributes most significantly to contraception?
 - a. Progestin
 - b. Testosterone
 - c. Estradiol
 - d. Insulin

2. The role of estrogen in contraception is:
 - a. Prevents fertilization by sperm
 - b. Controls cycling and bleeding
 - c. Inhibits ovulation
 - d. Promotes faster transport of ova through uterine tubes

3. How do late-generation contraceptives differ from earlier generations?
 - a. They are less androgenic
 - b. They may contain anti-mineralocorticoid
 - c. They are safer to use
 - d. All of the above

4. The biggest risk associated with hormonal contraception is:
 - a. Venous thromboembolism
 - b. Accidental pregnancy
 - c. Stroke
 - d. Impaired fertility

5. Recent studies show which of the following relationships between contraceptive use and cancer?
 - a. Increase in breast cancer risk
 - b. Increase in lung cancer risk

- c. Decrease in ovarian cancer risk
 - d. Decrease in oral cancer risk
6. Combined contraceptives are contraindicated when:
- a. Patients are under 21 years of age
 - b. Patients have a history of venous thromboembolism
 - c. Patients have a BMI >30
 - d. Patients are not sexually active
7. A major difference between contraceptives and hormone therapy for menopause is:
- a. Dosage of the hormones is lower in menopausal treatments than contraceptives
 - b. Menopausal treatments must be taken orally while contraceptives cannot be taken orally
 - c. Women only gain weight with contraceptives but not with menopausal hormone treatment
 - d. Women who have already had children are not candidates for contraception but can receive menopausal hormone treatment
8. The goal of hormone therapy in menopause is to:
- a. Provide protection against heart disease contraception
 - b. Reverse the aging process
 - c. Prevent vaginal atrophy
 - d. Relieve symptoms
9. With regards to menopausal hormone therapy, many healthcare providers mistakenly believe that:
- a. There is increased coronary heart disease (CHD) risk with treatment
 - b. Hormone treatment is effective in relieving symptoms
 - c. Hormone treatment is only appropriate during perimenopause but not during menopause
 - d. There is a decrease in risk of many cancers
10. The role of the pharmacist in hormone treatment is:
- a. To educate physicians on the latest treatments
 - b. To advise physicians what treatments to prescribe to their patients
 - c. To complement physicians in educating patients on their therapeutic options
 - d. To dispense hormone treatments to patients even if the physician has not prescribed them

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Hormone Therapy Options for Contraception and Menopause

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