

Breakfast

Lunch

Dinner

Snack/Other

Day/Date	Medication	Before	After	Medication	Before	After	Medication	Before	After	Medication	Before	After	Medication	Before	After
		Time Blood Glucose	Time Blood Glucose		Time Blood Glucose	Time Blood Glucose		Time Blood Glucose	Time Blood Glucose		Time Blood Glucose	Time Blood Glucose			
Mon /															
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Tues /															
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