

Colorectal Surgery: Exploring Minimally Invasive Approaches

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CME Test Questions

1. In the U.S., which group has the highest incidence of colorectal cancer?
 - a. African Americans
 - b. Caucasians
 - c. Asians
 - d. There is no difference among racial groups.

2. Elective surgery should be considered in a patient with ulcerative colitis in which of the following situations?
 - a. Available medical therapies do not alleviate symptoms.
 - b. Colonic dysplasia is seen.
 - c. Medication side effects are not tolerable.
 - d. All of the above

3. For patients with Crohn's disease, which of the following is correct?
 - a. Surgery is considered curative.
 - b. Surgery is usually aimed at alleviating a specific complication.
 - c. Strictureplasty eliminates the possibility of recurrent strictures.
 - d. The amount of bowel resected will be similar for all patients.

4. Regarding elective surgery for ulcerative colitis:
 - a. Permanent ileostomy is the only option.
 - b. All patients will require at least temporary ileostomy.
 - c. Continence can often be restored via ileoanal anastomosis.
 - d. Creation of a continent ileostomy is not possible.

5. Compared to open surgery, advantages of minimally invasive surgery for inflammatory bowel disease include all of the following EXCEPT
- Relatively rapid recovery time
 - Reduction in likelihood of recurrence
 - Smaller incision
 - Fewer adhesions
6. Which of the following is correct regarding diverticulitis?
- Surgery should generally be offered in cases of uncomplicated diverticulitis.
 - Complicated diverticulitis is always an indication for surgery.
 - Complicated diverticulitis can include abscess and perforation.
 - For patients who have recurrent, uncomplicated diverticulitis, surgery is rarely of benefit.
7. Regarding laparoscopic surgery for diverticulitis, which of the following is correct?
- Minimally invasive surgery is not an option for patients with diverticulitis.
 - The surgery may be technically complex due to issues such as inflammation, bowel thickening, or adhesions.
 - In diverticulitis, laparoscopic surgery provides few benefits over open surgery.
 - Hand-assisted laparoscopic surgery is never used in diverticulitis.
8. Some patients with colon cancer are eligible for either laparoscopic or traditional open surgery. For these patients, which of the following is correct?
- Laparoscopic surgery has been shown to be less effective than open surgery, from an oncologic standpoint.
 - The surgical procedure is the same whether the approach is laparoscopic or open.
 - Minimally invasive and open surgery have not been compared in any clinical trials.
 - Minimally invasive surgery is not used in patients with colon cancer.
9. Options for removing polyps found during colonoscopy depend, in part, on the polyp location and size. Potential options include all of the following EXCEPT:
- Endoscopic polypectomy, for smaller polyps
 - Laparoscopic-assisted endoscopic polypectomy, for larger polyps
 - Minimally invasive resection of the affected portion of the colon, if a polyp cannot be removed endoscopically
 - These are all options, depending on the specifics of the case.

10. When referring patients for minimally invasive surgery, important considerations include:

- a. Warning patients with cancer that laparoscopic surgery is less effective oncologically
- b. Choosing surgeons who are experienced in laparoscopic techniques
- c. Recognizing that most patients already know about minimally invasive options and do not need to be informed
- d. Assuring patients that minimally invasive surgery is always preferable to open surgery

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