



Bariatric Surgery: Weighing the Options

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CME Test Questions

- 1) The percentage of the adult population that is morbidly obese is:
 - A. 1.5%
 - B. 3.8%
 - C. 5.1%
 - D. 9.8%

- 2) The health comorbidities associated with morbid obesity include:
 - A. Stroke
 - B. Diabetes
 - C. Infertility
 - D. Cancer
 - E. All of the above

- 3) Healthcare costs for morbidly obese patients:
 - A. Are the same as those for overweight people
 - B. Are double what they were 10 years ago
 - C. Are double the costs of normal weight individuals
 - D. Primarily result from inpatient care

- 4) In the past, primary care physicians were less likely to refer their morbidly obese patients for bariatric surgery because:
 - A. They did not believe that morbid obesity was a disease
 - B. They did not realize that comorbidities were due to the obesity
 - C. There were little data to validate its efficacy and safety
 - E. All of the above
 - F. None of the above

- 5) NIH Guidelines for bariatric surgery include which of the following?
- A. BMI greater than 40 with no comorbidities
 - B. BMI greater than 35 with no comorbidities
 - C. BMI greater than 30 with comorbidities
 - D. None of the above
- 6) Physicians with patients who are slightly under the recommended weight to qualify for bariatric surgery should:
- A. Advise them to gain weight if they are 20 pounds or less too light
 - B. Only advise them to gain weight if they are 5 to 10 pounds too light
 - C. Advise them to wait 6 months to see if they continue to gain weight
 - D. Not advise patients to gain weight to qualify for surgery, but rather continue on a diet and exercise regimen
- 7) Malabsorptive surgical procedures include all of the following except:
- A. Roux-en-Y
 - B. Vertical banded gastroplasty
 - C. Biliopancreatic diversion
 - D. Biliopancreatic diversion with duodenal switch
- 8) Adverse events that may occur after surgery include:
- A. Dumping syndrome
 - B. Dysphagia
 - C. Electrolyte imbalances
 - D. Strictures
 - E. All of the above
- 9) After surgery, patients:
- A. Will be able to eat and drink whatever they'd like and continue to maintain weight loss
 - B. Will be able to eat whatever they'd like, but must avoid alcohol
 - C. Should avoid desserts and other high energy, low nutrient foods
 - D. Do not need to watch their diet as long as they exercise sufficiently
- 10) Studies of five-year morbidity and mortality in patients who underwent bariatric surgery showed improvement in the prevalence of:
- A. Cardiovascular events
 - B. Psychiatric problems
 - C. Infectious diseases
 - D. Endocrinological conditions
 - E. All of the above