

ADHD: Managing the Continuum from Adolescence to Adulthood

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CME Test Questions

1. The diagnostic criteria for ADHD require:
 - a. At least six symptoms of hyperactivity and at least six symptoms of impulsivity.
 - b. Either six inattentive symptoms, six hyperactive/impulsive symptoms, or both.
 - c. At least six symptoms, which may come from either the hyperactive/impulsive or the inattentive category, or both.
 - d. Any number of symptoms, as long as they create impairment.
2. According to the American Association of Child and Adolescent Psychiatry, which of the following is/are recommended as part of the diagnostic process in every case?
 - a. A test to rule out hyperthyroid
 - b. A neuropsychological evaluation
 - c. Input from parents and teachers
 - d. All of the above
3. Which of the following medications is NOT FDA-approved to treat ADHD in children?
 - a. SSRIs
 - b. Lisdexamfetamine
 - c. Methylphenidate
 - d. All three of these medications are FDA-approved to treat ADHD in children
4. In children with ADHD and comorbid depression:
 - a. Stimulant medications can be expected to exacerbate symptoms
 - b. SSRIs should be avoided if stimulant medications are being used
 - c. Irritability may be the presenting symptom of depression
 - d. Addressing low self-esteem is unlikely to be helpful

5. When learning disabilities are present in a child or adolescent with ADHD:
 - a. The educational accommodations are the same for both disorders
 - b. Working with the school is primarily the physician's responsibility
 - c. Treatment for ADHD has been proven to improve dyslexia as well
 - d. There are legal requirements governing what assistance must be provided by public schools

6. Regarding substance abuse and stimulant medications:
 - a. Prescribing stimulant medications to a child has been proven to increase the risk of substance abuse later in life
 - b. Young adult patients should be counseled not to share medications
 - c. Short-acting stimulants are thought to be less likely to be abused than long-acting stimulants
 - d. No ADHD medications have been designed to reduce the risk of abuse

7. Signs and symptoms of ADHD in adults:
 - a. Are generally the same as in children
 - b. Are defined by a separate category in the DSM-IV-TR
 - c. May include problems with relationships
 - d. Do not correlate with any available screening scale

8. Which of the following is/are proven to be effective for adult ADHD?
 - a. Several of the medications that are also used in children
 - b. Cognitive-behavioral therapy
 - c. Behavioral therapy
 - d. No treatments have been proven effective in adult ADHD

9. When an adult has ADHD and comorbid depression:
 - a. An SSRI will often treat both disorders
 - b. MAOIs should not be used with stimulant medications
 - c. The presentation will usually be similar to the presentation in a child
 - d. Treating the ADHD is usually sufficient

10. In adults with controlled hypertension, stimulant medications:
 - a. Are absolutely contraindicated
 - b. May be used with caution
 - c. Will significantly exacerbate hypertension in most cases
 - d. Should be avoided in most cases

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